

Fourteen-Year (2000-2014) Bibliography of Published NFP Studies Reviewed in *Current Medical Research*

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New Method of Fertility Awareness (FA)/NFP (Potential and Actual)

1. Arevalo, M., Jennings, V., and Sinai, I. **Efficacy of a new method of family planning: the Standard Day Method.** *Contraception* 65 (2002): 333-338.
2. Arevalo, M., Jennings, V., Nikula, M., and Sinai, I. **Efficacy of the new TwoDay Method of family planning.** *Fertility and Sterility* 82 (2004): 885-892.
3. Blackwell, L. F., Brown, J. B., and Vigil, P., et al. **Hormonal monitoring of ovarian activity using the Ovarian Monitor, Part I. Validation of home and laboratory results obtained during ovulatory cycles by comparison with radioimmunoassay.** *Steroids* 68 (2003): 465-476.
4. Blackwell, L. F., Vigil, P., Gross, B., d'Arcangues, C., Cooke, D. G., and Brown, J. B. **Monitoring of ovarian activity by measurement of urinary excretion rates of estrone glucuronide and pregnanediol glucuronide using the Ovarian Monitor, Part II: reliability of home testing.** *Human Reproduction* 27 (2012): 550-557.
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13. Wang, J., Usala, S. J. and O'Brien-Usala, F. et al. **The fertile and infertile phases of the menstrual cycle are signaled by cervical-vaginal fluid die swell functions.** *The Endocrinologist* 19 (2009): 291-297.

Method Specific NFP Efficacy and Effective Studies

1. Arevalo, M., Jennings, V., and Sinai, I. **Efficacy of a new method of family planning: the Standard Day Method.** *Contraception* 65 (2002): 333-338.
2. Arevalo, M., Jennings, V., Nikula, M., and Sinai, I. **Efficacy of the new TwoDay Method of family planning.** *Fertility and Sterility* 82 (2004): 885-892.
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5. Fehring, R. J., M. Schneider M, and M. L. Barron. **Efficacy of the Marquette method of natural family planning.** *MCN, American Journal of Maternal Child Nursing* 33 (2008): 348-54.
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10. Frank-Herrmann, P., Heil J., Gnoth. C., et al. **The effectiveness of a fertility awareness based method to avoid pregnancy in relation to a couple’s sexual behavior during the fertile time: a prospective longitudinal study.** *Human Reproduction* 22 (2001): 1310-1319.
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4. Leite I. C., Gupta N. **Assessing regional differences in contraceptive discontinuation, failure and switching in Brazil.** *Reproductive Health* 4 (2007): 6. (BioMed Central)
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Accuracy of Fertility (Ovulation) Indicators

1. Allende, M. E., Cabezón, C., Figueroa, H., and Kottmann, C. **Cervicovaginal fluid changes to detect ovulation accurately.** *Obstetrics and Gynecology* 193 (2005): 71-75.
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Special Circumstances/Breastfeeding/Post OC/Perimenopause

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Psychological Dynamics, Attitudes, Spirituality and Characteristics of NFP/FA Users

1. Audu, B. M., Yahya, S. J., and Bassi, A. **Knowledge, attitude and practice of natural family planning methods in a population with poor utilization of modern contraceptives.** *Journal of Obstetrics and Gynecology* 6 (2006):555-560.
2. den Tonkelaar, I. and Oddens, B. J. **Factors influencing women's satisfaction with birth control methods.** *The European Journal of Contraception and Reproductive Health Care* 6 (2001): 153-158.
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11. Research Group on Methods for the Natural Regulation of Fertility. **Periodic abstinence and calendar method use in Hungary, Peru, the Philippines, and Sri Lanka.** *Contraception* 64 (2001):209-215.
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Attitudes of Health Professionals to FA/NFP

1. Choi, J., Chan, S., and Weibe, E. **Natural Family Planning: Physicians' knowledge, attitudes and practice.** *Journal of Obstetrics and Gynaecology Canada* 32 (2010): 673-678.
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Probabilities of Pregnancy

1. Colombo, B., Mion, A., Passarin, K., and Scarpa, B. **Cervical mucus symptom and daily fecundability: first results from a new database.** *Statistical Methods in Medical Research* 15 (2006): 161-180.
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Time to Pregnancy/ Timing Intercourse/Achieving Pregnancy

1. Bigelow, J. L., Dunson, D. B., Stanford, J. B., Ecochard, R., Gnoth, C., and Colombo B. **Mucus observations in the fertile window: a better predictor of conception than timing of intercourse.** *Human Reproduction* 19 (2004): 889-892.
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Menstrual Cycle Physiology/Medical Treatments

1. Direito, A., Bailly, S., Mariane, A., and Ecochard, R. **Relationship between the luteinizing hormone surge and other characteristics of the menstrual cycle in normally ovulating women.** *Fertility and Sterility* 99 (2013): 279-285.
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